An Introduction to the Ages and Stages Questionnaires: Social Emotional



Assessment Workshop
University of British Columbia

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Introductions

Who are you and what program(s) do you work with?

Hoped for outcomes for the workshop?



Objectives

- * Review the benefits of developmental screening.
- * Describe features the ASQ:SE.
- * Score ASQ:SE.
- * Describe ASQ:SE cutoff scores.
- * Discussion of ASQ:SE information in relation to other referral considerations.

What are the ASQ:SE?

- Parent/Caregiver completed screening tools.
- ❖ Series of questionnaires for children 3 months to 5 & 1/2 years.
- Accurately identifies children at risk for social-emotional delay/issues.
- Encourages parent involvement.

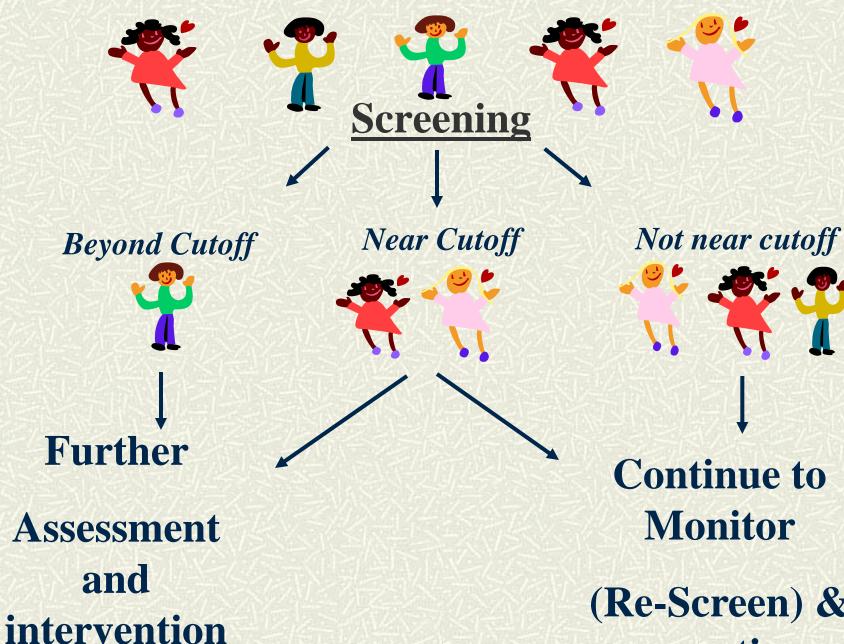
ASQ and ASQ-SE

ASQ screens 5 domains:

- Communication
- Gross Motor
- Fine Motor
- Problem solving
- Personal-social



ASQ-SE developed as a companion tool



Continue to **Monitor**

(Re-Screen) & suggestions

Developmental-Organizational Framework (Cicchetti, 1993)

Age	Stage of Development	Behaviors
0-12 months	Attachment	-regulation -recognizable states -attachment -communication
12-30 months	Autonomy & Self Development	-differentiates between self and others; real and make believe -use of pronouns exploration -self control; rules
30 months- 7 years	Establishing Peer Relations	-empathy -gender differences -identification of friends -interest in other children

Behavioral Areas	Definition	
Self-Regulation	Ability/willingness to calm, settle, or adjust to	
3/10/21/24/12	physiological or environmental conditions	
Compliance	Ability/willingness to conform to the direction of others and follow rules	
Communication	eation Verbal/nonverbal signals that indicate	
	feelings, affect, internal states	
Adaptive	Ability/success in coping with physiological needs	
Autonomy	Ability/willingness to establish independence	
Affect	Ability/willingness to demonstrate feelings and empathy for others	
Interaction with	Ability/willingness to respond or initiate	
People	social responses with caregivers, adults, peers.	

Features of ASQ:SE

- ❖ 6, 12, 18, 24, 30, 36, 48 & 60 month intervals.
- Questionnaires contain between 19 (6 month) and 33 (60 month) scored questions.
- ❖ 3-6 month administration window on either side
- ❖ Do not need to use CDOB or adjusted age for children born prematurely.

Features of ASQ:SE

- ❖ Written at a 4th to 5th grade reading level.
- ❖ Each questionnaire includes open-ended questions related to eating, sleeping, toileting.
- *All intervals include question "Is there anything that worries you about your baby (child)? If so, please explain."
- * What things do you enjoy most about your baby (child)?

Features of ASQ:SE

- Competence and problem behaviors targeted.
- Externalizing and internalizing behaviors targeted

Scoring Options	Points
Most of the time	0 or 10
■ Sometimes	5
Never or Hardly Ever	0 or 10
■ Is this a concern?	Yes = 5

* High scores falling above empirically-derived cutoff points are indicative of problems.

Introducing the ASQ:SE to Parents

"This questionnaire asks questions about your child's social-emotional growth. Your answers will help me know what type of information I may be able to gather for you."

"Some of the questions are not very specific, but answer based on your feelings or opinions about your child's behavior"

Introducing the ASQ:SE to Parents

- 1. Review response options
 - * Most of the time: Child is performing behavior most of the time or too often
 - Sometimes: Child is performing behavior occasionally, but not consistently
 - * Rarely or Never: Child is not or is rarely performing behavior.
- 2. Discuss "concerns" option

Administering ASQ:SE

- Have parents complete as independently as possible.
- ❖ Some questions may require some clarification:
 - (All intervals) Eating problems
 - (18 months and older) Perseverative behaviors

Scoring the ASQ:SE

❖ Determine child's Total score

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# of questions with X ____ x 10 = ____

# of questions with V ___ x 5 = ____

# Concerns ___ x 5 = ____
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Total Points on each page = ____

❖ Transfer points on each page to Summary form

Missing Items?

Calculate an Average Score 6-18 months 2 or less 24-60 months 3 or less

1) Compute Average Score:

<u>Child's Score</u>.

of Scored Items Answered = **Average Score**

2) Compute Final Score

Average Score times (# of missing items)

+ Child's Score

= Final Score

Review Questionnaires with Parent

- * Discuss child's strengths and reinforce positive parent/child interactions.
- * Discuss items that individually score 10 or 15 points
- Discuss answers to open-ended questions
- * Review score and compare to cutoffs

Remember that cutoffs on ASQ:SE are very different from ASQ!

Discuss (consider) Referral Considerations

Referral Considerations

- Time/Setting Factors
- Developmental Factors
- Health Factors
- Culture/Family Factors



Interpreting Scores

- ❖ The "Sometimes" Issue
- The Subjectivity Issue
- Validity of Report
 - * Teen parents
 - Parents involved in protective services
 - First time parents/isolated parents
 - Parents actively involved with drugs and alcohol
 - * Parents with mental illness

Questionable Scores?

- Have another caregiver complete ASQ:SE.
- **❖**Gather additional information:
 - *Observe child
 - Use a professionally administered screening tool
 - Assess parent/child interactions
 - Assess caregiving environment

Possible Follow-up

Below Cutoff

* Provide ASQ:SE Activities & Monitor.

Close to Cutoff

- * Follow up on Concerns.
- * Provide information, education and support. Re-administer ASQ:SE.
- Make Referrals as appropriate.

Possible Follow-up

Above Cutoff

- * Refer to local community agencies/programs
 - Feeding clinic
 - Church groups
 - Community groups
 - Parenting groups
- * Refer to primary health care provider
- * Refer to Infant and Child Mental Health

Communicating Screening Results

- * Assure the family that the discussion is confidential.
- * Review the purpose of screening.
- * Avoid terms such as "test", "pass" or "fail". ("below cutoff, near cutoff")
- * Review the ASQ:SE and explain score.
- * Emphasize child and family strengths.
- * Provide specific examples of concerns.
- ❖ Invite parents to share observations, concerns.



Communicating Screening Results*

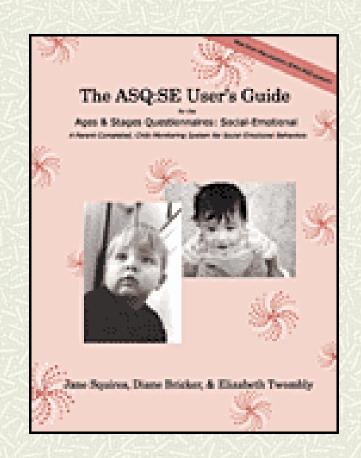
* Prepare for the meeting carefully

- * Make notes about behaviors.
- * Note information you need to gather (health history etc.) from family.
- * Role play conversation with a peer.
- * Select a private, comfortable place.
- * Consider cultural or language issues.
- * Know your community resources.
- * Be calm!

* Adapted from the Hilton/Early Head Start Training Program Sonoma State University

ASQ:SE User's Guide

- *Excellent resources.
- Includes information on scoring and interpreting scores.
- Provides activities and case studies.
- Covers all topics in depth.



In Summary

- **Screening tools can help bridge communication with families.**
- Screening tools can provide baseline information for suggestions and activities.
- Screening tools can assist in making referrals
- * Referrals should be based on a variety of considerations in addition to "scores".
- * Social-emotional issues are very complicated.
- ***** Use available resources to make decisions about next steps after screening.

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