Emotionally Vulnerable Dyads
&
Socioemotional Functioning Assessment using the
Clinical Parenting Capacity Model

Dr Pratibha N Reebye

&

Ms. Stacy Tzoumakis

Declaration

- We have no conflict of interest to declare

- ***Our philosophy is to go beyond the labels of mental illness which we consider arbitrary, and to look at the inner world of mothers and infants***

Acknowledgments

Families that let us learn from their life events and consenting families that allowed videotaping

Earlier contributors:

- Dr Tammy Ng: University of London ,UK
- Ms.Rebecca Steinberg: Harvard University summer student
- Ms.Gillian Albert: UBC Masters Student

Mental Health Clinics: BCCH

Learning Objectives
Assessment of Socioemotional Functioning using the Clinical Parenting Capacity Model (CPCM)

1. To introduce essentials of parenting capacity assessments in emotionally vulnerable dyads

2. To discuss dyadic socioemotional functioning and attachment experiences using the CPCM

3. To learn hands-on coding of selected items of the CPCM in an interactive milieu
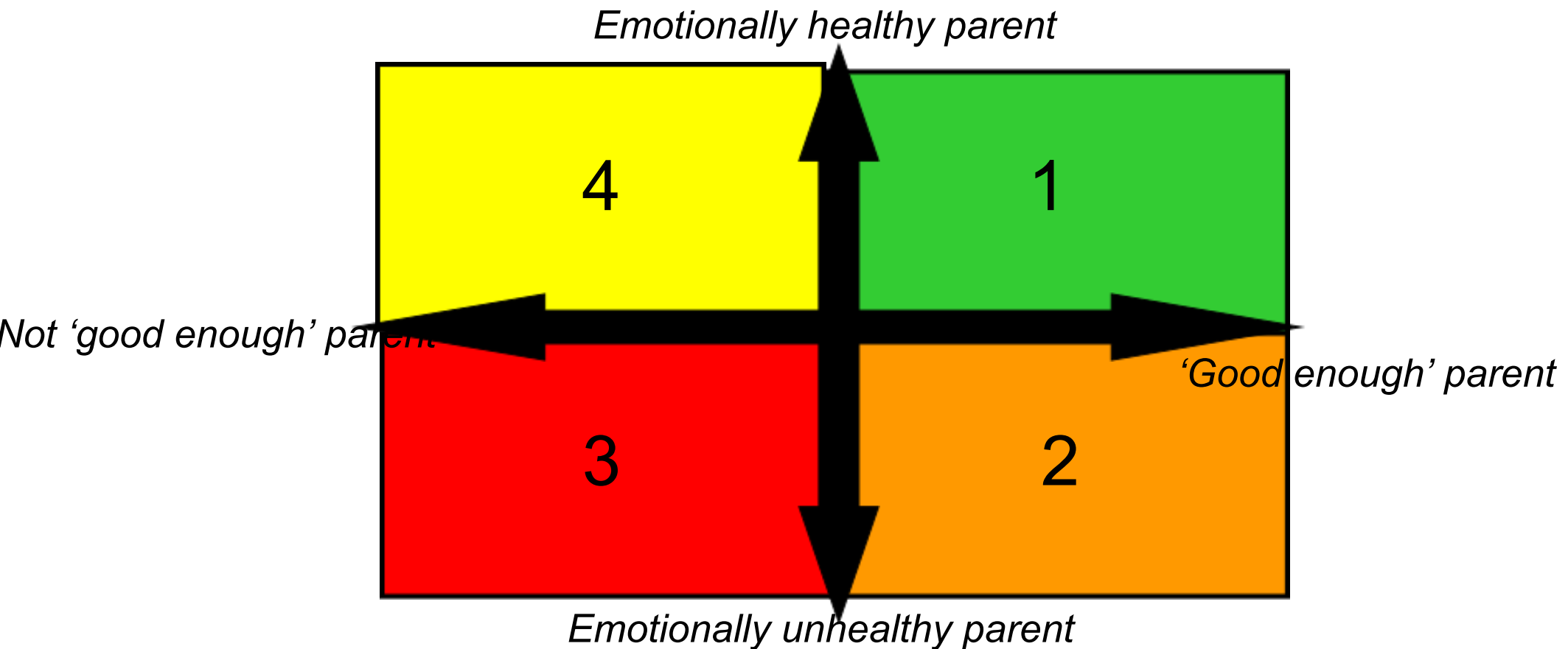
Requests

- Please assist us to respect confidential clinical material discussed in the workshop
- Please return clinical vignettes at the end of the workshop
- For further requests for advanced training, please contact preebye@cw.bc.ca

CPCM: The rationale

- Explicable on a visual analogue (or a snapshot) of baseline parenting functioning

- Motivates parent to plot their own clinical progress

- Clinician can judge the effectiveness of intervention and shifts from the baseline

CPCM: Visual Analogue

Emotionally healthy parent

Not 'good enough' parent

'Good enough' parent

Emotionally unhealthy parent

4

1

3

2

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Overview

- CPCM is a clinically derived and clinically driven measurement tool

- It is a dynamic relational model

- Applicable to clinical and non-clinical populations

- In depth analysis of caregiver's capacities

- Semi-structured clinical interview with caregiver and observation of parent-child play

Format of the semi-structured interview

- Introductory comments
- Team of two members
- Typically two interviews
- Common errors
- Scientific and ethical considerations
- Closing comments

Learning Objective #1

- Brief review of existing parenting models:
  - E.g., NCAST, MMPI, PCERA
- Need for a new parenting capacity tool
  - Forensic
  - Clinical
- Research to practice knowledge translation

Three Dimensions

Intergenerational Parenting

Socioemotional Competence
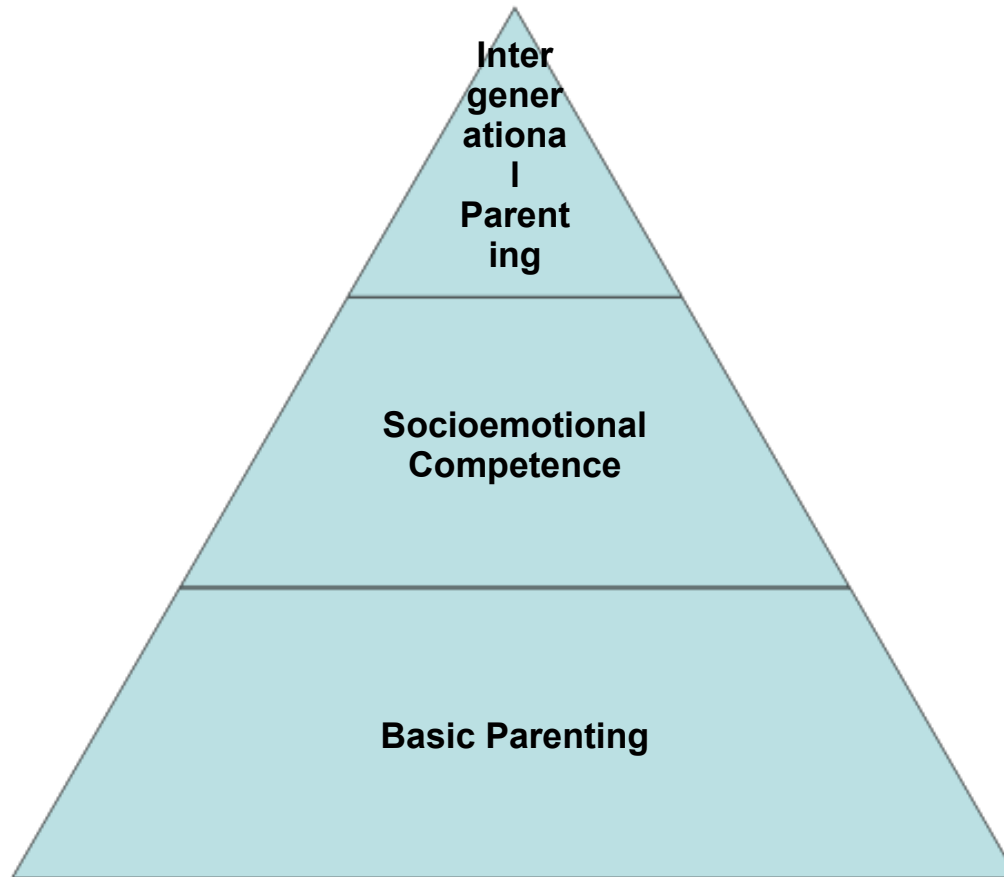
Basic Parenting

Learning Objective #2

● Discussion on socioemotional
  competence captured through the CPCM

Dimension I: Basic parenting Items

- Nutrition and Clothing
- Safety Needs
- Stability of Environment
- Co-parenting
- Social Networks

Dimension II: Socioemotional Competence Items

- <u>Intuitive Parenting</u>
- Attachment Security
- Emotional Warmth
- Maternal Sensitivity
- Care giving Patterns
- Intrusiveness
- Caregivers as social partners

Dimension III:
Intergenerational Parenting Items

- Early Positive Nurturing

- Unresolved trauma

- Reflective Parenting

Learning Objective #3

- To learn hands on coding of selected items of the CPCM in an interactive milieu

Scoring of the CPCM

Final score can be divided into four groups:

- *no risk or very low risk*: well functioning
- *low risk*: minor issues, but relatively well functioning
- *moderate risk*: still struggling and showing some difficulties in parenting
- *high risk*: several concerns in parenting capacity requiring intervention

Demonstration Videos

1. What is the mother doing?
2. What is the baby/child doing?
3. What are they doing together?
4. What do you think should be happening?
5. What do you think should not be happening?

Scoring items from Dimension I: Basic parenting

- **The 'Mercedes & Stella' vignette is provided to score Domain I items _Co-parenting and Social networks_**
- Make sure that you make a distinct note of pre-intervention and post-intervention functioning of the mother

Scoring items from Dimension II: Socioemotional Competence

- Selected Anchors:
  - Intrusiveness
  - Emotional Warmth

Score from the videos clips #1-4

Domain II:
Socioemotional Competence

- **The 'Ayesha & Avi' vignette is provided to score the *Attachment Security* items of Domain II**

- **Please make a note of unscorable items that you would address during a second interview.**